



## Simple Steps to Starting a Personal Devotion Journal

**Step One:** Recognize that the Bible is God's revelation of Himself (Jeremiah 9:23-24; Psalm 63:1-8). After reading a passage of Scripture ask yourself, "What is this passage teaching me about God?"

**Step Two:** Recognize that the Bible reveals the true nature of human beings (Luke 8:21, Hebrews 4:12, James 1:22-25). After reading a passage of Scripture ask yourself, "What is this passage teaching me about people, particularly myself?"

**Step Three:** Recognize that the Bible reveals how humans can respond appropriately to the God who has revealed Himself in the Bible (Psalm 119, 2 Timothy 3:16-17). After reading a passage of Scripture ask yourself, "How should I respond to what this passage reveals about both God and myself?"

### Steps for Success in Journaling

**Set aside** at least 15 minutes each day to read a Scripture passage.



**Ask the Holy Spirit** to "guide you into all truth" as you read (John 16:13-14).

**Use a systematic approach.** Read through a book of the Bible a chapter a day on your own (Follow Denise Looch on Twitter or Facebook\* as she reads a chapter a day). You can also use a devotional guide that provides a passage to read each day. (Train yourself to read the passage and write down your response *before* you read the devotional thought the Holy Spirit revealed to someone else!)

**Write down** an answer to one or more of the questions (given above) in a journal each day. One to three sentences are fine.

**Journaling is just like any other skill,  
the more consistently you journal,  
the more you'll enjoy it and benefit from it.**

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